

## Natural Hair Regrowth with Hair Loss Vitamins

Copyright (c) 2009 Peter Jamison Hair loss and hair thinning, typical pattern baldness symptoms for men and women, can be the source of embarrassment and frustration for many people. It is common for low self esteem to be associated with losing your hair, to the point where going out in public is not even considered, and perhaps going to the extreme of totally avoiding some activities you really enjoy. If you are one of the millions that are losing out because of your loss of hair, take heart, a healthy natural hair loss treatment is now available. To encourage natural hair regrowth it is formulated with vitamins that will stimulate the follicles on the scalp in addition to providing your body with the other essential nutrients to ensure natural healthy hair regrowth. Hair loss vitamins for men contain a number of ingredients used to stimulate hair regrowth. To block various enzymes that cause testosterone to change and cut off nutrients to scalp hair follicles causing hair thinning and loss, biotin and saw palmetto and other ingredients are used to stimulate natural hair regrowth. Muria Pauma is a bark extract used in high quality men's hair loss vitamins to help regulate hormonal and body functions specific to males. By combining with zinc, vitamin B6 and other vital minerals and vitamins, the formulation results in excellent hair regrowth. Hair loss vitamins for women are also effective when the right combinations and strengths are used. An effective women's formula will contain such ingredients as para-amino benzoic acid, which can prevent not only hair thinning, but graying and skin pigmentation problems. Magnesium is also an important mineral in these supplements, as it adds a great deal to the health of the specifically hair and the body as a whole. Choosing a product that is especially formulated with the minerals and vitamins that are most important for women's hair regrowth is crucial when seeking a product that will truly work. The needs of men and women are quite different, and it is important to ensure that the makers of your product understand this. When you take hair loss vitamins that are formulated for your needs, you can expect to see excellent results in time. Provillus is an excellent hair loss vitamin that works alongside a topical solution to give you the results you really want. Provillus vitamins contain a number of active ingredients designed to treat the hair and body from the inside out, offering a wide array of health benefits that extend far beyond the scalp. The combination of an oral supplement and topical solution makes the use of Provillus different and effective. The topical solution offers a five percent concentration of Minoxidil, an FDA approved ingredient that has been shown time and again to stimulate hair regrowth. Hair loss stemming from serious medical conditions or treatments, e.g. chemotherapy, is not treatable by Provillus and should rather be discussed with your doctor. Most cases of hair loss stem from hereditary and hormonal imbalances, and these instances of pattern baldness can be effectively treated with Provillus. If you are seeking the best hair loss vitamins, Provillus is certainly an excellent choice, and when you consider the numerous benefits of combining these supplements with the topical solution, the answer to your hair loss problems becomes remarkably clear.

## About the Author

Peter Jamison's main interest is hair loss remedies and products for natural hair regrowth. Peter's other articles on hair regrowth or for more information on Provillus and a two month free offer, or if you wish to contact Peter you can be done at his website => <http://www.review-of-provillus.com>

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